

## What we offer and where:

### Eagan

Day Training and Habilitation (DT&H)\*  
Employment Training Services (ETS)\*  
Extended Employment (EE)– provides Supported, Community and Center-based Employment.  
Vocational Services– provides Assessment, Work Adjustment Training, School Transition, Job Development and Job Coaching.  
Adult Day Services (ADS)\*



### Hudson/River Falls

Day Services  
Supported Employment



### Red Wing

Day Training and Habilitation (DT&H)\*  
Employment Training Services (ETS)\*  
Extended Employment Services (EE)– provides Supported, Community and Center-based Employment.  
Vocational Services–provides Assessment, Work Adjustment Training, School Transition, Job Development and Job Coaching.

### Zumbrota

Day Training and Habilitation (DT&H)\* for individuals with complex medical needs.



\* Defined in panel titled, "Waiver Funded Services"

## Waiver Funded Services

Individualized services can be provided through a variety of funding sources, including:

**CADI & TBI** Community Alternatives for Disabled Individuals & Traumatic Brain Injury Waivers

■ **Employment Training Services (ETS)**

Pre-vocational services are designed to prepare individuals for employment with good work habits and effective interpersonal and problem solving skills. Supported employment services include both individual and group options in the community.

■ **Adult Day Care/Day Services**

Supervision for a person's well-being, life skills classes and therapeutic recreation for optimal functioning for those with brain injuries and related conditions.

**DD/RC** Developmental Disabilities/ Related Conditions Waiver

■ **Supported Employment Services (SES)**

Supported individual and group community employment.

■ **Day Training & Habilitation (DT&H)**

Employment, life skills training and community support services for people with developmental disabilities and related conditions.

■ **Managed Care**



Eligibility for services provided through these waiver funds is determined through the local county social services office.



(This information is available upon request in alternative languages and formats.)

ProAct is a nonprofit organization dedicated to serving people with disabilities and other challenges with a range of services that enhance employment skills and build individual self-sufficiency. Employers located in and around Minnesota's Twin Cities area, in communities along the Mississippi River and in southeastern Minnesota and western Wisconsin, will find quality employees, as well as production services for their businesses.

**ProAct, Inc.**

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Equal Opportunity Employer



### Our Mission

ProAct provides life enhancing vocational and personal growth opportunities for persons with challenges and disabilities.



ProAct is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) for employment planning, employee development and organizational and community employment services.



Programs funded in part by The Greater Twin Cities United Way, Hastings United Way and the United Way of Goodhue, Wabasha and Pierce Counties.

ProAct, Inc. is a 501(c)(3) not-for-profit organization with nearly 40 years of experience.

651-686-0405 Eagan  
877-245-0405 Hudson/River Falls  
651-388-7108 Red Wing  
507-732-7888 Zumbrota

[www.proactinc.org](http://www.proactinc.org)

## Serving people . . .

ProAct provides services and support to individuals who need employment services, job training and help in developing and enhancing their daily living skills. To be eligible, one must be at least 16 years of age. The services are typically paid for through county or state programs, but some are paid privately. The level of support needed determines the type of service provided.

At ProAct, we serve people with many different needs:

- Developmental disabilities and/or related conditions
- Physical disabilities
- Mental health issues
- Traumatic brain injuries
- Social and cultural barriers
- School-to-Work transition
- Fetal Alcohol Spectrum
- Autism Spectrum
- Other circumstances, as determined by social service agencies

From its locations in Dakota and Goodhue counties, ProAct serves individuals in the Twin Cities area, southeastern Minnesota and nearby portions of western Wisconsin.

## ProAct's Customized Approach

The customized approach employed by the professional staff at ProAct offers encouragement and supportive guidance to all those receiving services.

For maximum benefit, a team is assembled, which usually consists of the individual served, family members, residential staff, a county case manager and/or a rehabilitation counselor, and ProAct staff. Also taking part may be a friend, an advocate or, when appropriate, a health professional. The team prepares a plan of action, enabling the individual to make choices and achieve his or her desired goals. These are meshed with a creative range of options developed by ProAct's experienced staff.



## Service Options . . .

### Assessment

Identifies an individual's strengths, interests, work skills and needs through short-term paid community job tryouts.

### Work Adjustment Training (WAT)

Individuals participate in paid work settings which offer support and training to enhance interpersonal and work skills and in setting goals.

### School Transition

Assessment and personal development through individual or group employment settings, summer jobs and part-time opportunities throughout the year.

### Job Placement/Development

Individuals are assisted by a placement specialist in obtaining competitive employment in areas that match their interests. The placement specialist assists with resume development, practice interviewing and employer interactions. An individual placement plan is created.



### Job Coaching

When employment is secured, job coaching is offered to assist the individual with short-term, on-the-job training, to monitor progress and to help ensure success at work.

### Center-Based Employment

Jobs inside ProAct's facilities include packaging and assembly work, automated equipment operations, groundskeeping, digital imaging and janitorial functions.



### Supported Employment

Individuals are placed in community jobs. Initially, and consistently thereafter, feedback, direction and support are provided to increase confidence, maintain skills and obtain success.



### Community Employment

With training and support, participants provide services to employers, performing clerical, warehouse, groundskeeping, digital imaging, maintenance and manufacturing duties, as well as restaurant, hotel and retail services.

### Life Skills Classes & Social Activities

Practical opportunities are provided for skill development through a variety of life experiences that foster independence and provide social and community participation.

### Life Opportunities

Hudson/River Falls program offers a community workplace, life and recreation skills training, an active lifestyle and healthy eating habits.

### Transportation

Transportation systems utilize specialized equipment to take individuals to and from facilities, community activities and job sites.



### Community Collaboration

Ongoing activities include the Kiwanis sponsored AKtion Club, Community Education, Arc, Advocating Change Together (ACT), Feed My Starving Children, Meals on Wheels and visits to community centers and various thrift stores.

### Assistive Technology and Accommodations

Experienced staff are available as needed to develop assistive devices and accommodations.

### Therapists

Speech and other therapeutic services are tailored to the individual.

