



News from THE WALLACE GROUP

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ProAct, Inc.

For Immediate Release

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WORKOUT ROOM FOR PROACT'S PEOPLE WITH DISABILITIES GETS ANOTHER BOOST WITH NEW EXERCISE EQUIPMENT FROM SKI CLUB FOUNDATION

ULLR 'Ski for Light' Foundation contributes nearly \$2,400 for stair stepper, elliptical and treadmill, as part of more than \$6,300 in fitness equipment donations since 2008

When it's time to go to the gym at ProAct, people head over to the "ULLR Exercise Room," a place that's now even better equipped for workouts thanks to a donation from the ULLR "Ski for Light" Foundation.

New stair stepper, elliptical and treadmill machines will reduce wait times and provide more alternatives at ProAct's Red Wing location, said ULLR Foundation Vice President Nancy Keyes.

Foundation board members presented the funds personally at ProAct and took a tour. "They were really excited to be there, and to know that it was being well received and well used," said Keyes.

ProAct Case Manager Sarah Kopp made the recent request. Many ProAct participants can't afford a gym membership, so the new equipment offers a great fitness opportunity at no cost, Kopp explained. "It's a big part of our program here," she said, thanking the foundation for its \$2,400 donation. The ULLR "Ski for Light" Foundation has contributed \$6,300 in fitness equipment since 2008, including a Wii game system, exercise programs along with large balls, mats and stands, a treadmill, basketball equipment, and dance and exercise pads. www.ullr.org/foundation

ProAct receives exercise equipment/page two

ProAct is a 501 (c) 3 nonprofit corporation which has served the needs of people with disabilities and other challenges for 40 years. With facilities in Eagan, Red Wing, Zumbrota and Hudson, Wis., ProAct serves people from the Twin Cities, southern Minnesota and western Wisconsin.