

SUN Thisweek

Burnsville | Eagan

A Division of ECM Publishers, Inc.

www.SunThisweek.com

December 26, 2014 | Volume 34 | Number 44



ProAct begins providing adult day care service in Zumbrota

ProAct, a nonprofit serving people with disabilities, is expanding its operations in Zumbrota, Minn., with the addition of adult day care services at the company's down-

town location.

Open to receiving clients over 55 in Goodhue County, ProAct's new service provides them opportunities to get to know workers and shoppers at

local businesses. It also offers occupational and physical therapy, budgeting help and an overall environment focused on personal improvement and self-care.

ProAct, which has been serving people with disabilities for more than 40 years, underwent an extensive year-long process with the state to gain approval.

The program is customized to an individual's needs and desires. Exercise opportunities are also available, and a public health nurse makes twice-monthly visits.

The Adult Day Care program complements a similar offering at ProAct's Eagan facility.