



ProAct offers Enrichment, Life Skills, Employment and Support Programming

Mission

To provide person-centered services that enhances the quality of life for people with disabilities in the areas of employment, life skills and community inclusion.

For more information or to refer contact Ali Brown at abrown@proactinc.org

Or

952-403-7964

www.proactinc.org

Located at 792 Canterbury Road South in Shakopee ProAct has a variety of group spaces with indoor and outdoor walking paths available for exercise.

ProAct provides a unique array of enrichment programming, both in-center and in the community allowing participants to choose how they spend their programming days.

Enrichment classes and activities in-center are designed to stimulate the minds of participants and include crafts, trivia and other group games, gardening, computer training, music, reading and storytelling, and exercise.

With a focus on adventure, integration and growth, community based activities include trips to museums and theatres, excursions to area parks, shopping destinations and special community events. Volunteering, fishing, movies and quiet time at the library are also enrichment options.

Life skills classes are also available and include social and interpersonal skill development, self-care and hygiene, health and wellness, eating and food prep, money management; as well as building fine and gross motor skills through daily exercise.

Employment Services are available for individuals wanting to work in either group employment or secure competitive wage employment. Employment Specialists will help participants explore the world of work, assist with securing employment and help ensure they maintain their jobs once placed.

One-to-one Support Services are available for individuals with disabilities and their families that help individuals remain in or return to their home and gain more independence. Services available include Semi-Independent Living Skills, Independent Living Skills and In-home Family Support.