



# ProAct offers a variety of skills discovery, employment, enrichment and support services.

## Mission

To provide person-centered services that enhances the quality of life for people with disabilities in the areas of employment, life skills and community inclusion.

## Contact

Doug Cowles at  
[dcowles@proactinc.org](mailto:dcowles@proactinc.org)  
or 651-289-3168 for more  
information.

[www.proactinc.org](http://www.proactinc.org)

**Pre-ETS Services for Students** – Programming designed for students with disabilities in 9<sup>th</sup> grade through the age of 21 enrolled in transition services. Pre-ETS Services can be provided in group settings or individually and includes the following:

- Job Exploration and Post-Secondary Education counseling
- Courses that include Soft Skills Training, Job Seeking Skills Training, Public Transportation Training and Self-Advocacy Training
- Work-based Learning activities Job shadows, Informational Interviews, Workplace Tours/Field Trips and Employer Paid Work experiences
- Pre-ETS Boot Camps are week long learning experiences that include all of the above Pre-ETS programming activities.

## **Skills Discovery, Employment Exploration and Development** –

Assessment and Employment Exploration services help participants identify skills sets and career pathways, explore job opportunities, and participate in job shadows and work tryouts in preparation for the job search. Employment Development assists participants with securing competitive employment in the community through an individualized job search process that may include resume development, mock interviews, targeted job leads and more. ProAct provides supports to ensure stability on the job post-placement.

**Group Employment Support (Enclaves)** – Paid group employment opportunities in the community provided at partner companies under the direction of a ProAct job supervisor. ProAct provides transportation to and from employer sites with ongoing training and support at worksite.

**Employment Support** – Long term employment support services provide participants with the supports needed to help them maintain and excel in the competitive workplace.

**Enrichment Programming** – An array of services facilitated virtually, at ProAct service locations and in the community designed to enhance and enrich the lives of ProAct participants. Programming includes theatre and interpersonal communication, volunteering, field trips, exercise, cooking, trivia, computer training, self-advocacy, personal care, life skills development, skills maintenance and more.

**Individualized Home Support** – Individualized services provided in-home or in the community to help participants enhance their independence and self-sufficiency.